Fall Lap Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00	4 LAP LANES	4 LAP LANES	4 LAP LANES	4 LAP LANES	4 LAP LANES	4 LAP LANES	CLOSED
7:00-8:00							
8:00-9:00	AQUACISE (2 LANES)	AQUACISE (2 LANES)		AQUACISE (2 LANES)	AQUACISE (2 LANES)	AQUACISE (2 LANES)	
9:00-10:00	4 LAP LANES	DEEP WATER EX.		DEEP WATER EX.	4 LAP LANES	4 LAP LANES	4 LAP LANES
10:00-11:00		4 LAP LANES		4 LAP LANES			
11:00-12:00	AQUACISE (2 LANES)		AQUACISE (2 LANES)		AQUACISE (2 LANES)		
12:00-1:00	4 LAP LANES		4 LAP LANES		4 LAP LANES		
1:00-2:00							
2:00-3:00							
3:00-4:00							
4:00-5:00							
5:00-6:00							
6:00-7:00	AQUACISE (2 LANES)				AQUACISE (2 LANES)		
*Pool Schedule Effective 8/01/26-12/31/26			CLOSED	4 LAP LANES		2 LAP LANES	

Water Exercise is limited to two lanes only. The YMCA reserves the right to change the schedule at any time.

Fall Activity Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	CLOSED
7:00-8:00					FRANCISCAN THERAPY (ONE LANE)		
8:00-9:00							
9:00-10:00				SWIM LESSONS (ONE LANE)		SWIM LESSONS (TWO LANES)	OPEN SWIM
10:00-10:30							
10:30-11:00							
11:00-12:00				OPEN SWIM	OPEN SWIM		
12:00-1:00							
1:00-2:00		FRANCISCAN THERAPY (ONE LANE)	RESERVED FOR YMCA PROGRAM (FULL POOL)		RESERVED FOR YMCA PROGRAM (FULL POOL)	OPEN SWIM	
2:00-3:00							
3:00-4:00			OPEN SWIM				
4:00-5:00	SWIM LESSONS (TWO LANE)	OPEN SWIM	SWIM LESSONS (TWO LANE)	SWIM LESSONS (ONE LANE)	OPEN SWIM		
5:00-6:00							
6:00-7:00	OPEN SWIM		OPEN SWIM	OPEN SWIM			
*Pool Schedule Effective 08/01/26-12/31/26			CLOSED	FULL AVAILABILITY		LIMITED AVAILABILITY	

Water Slide Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	12:00p-7:00p	11:00p-7:00p	12:00p-7:00p	11:00p-7:00p	4:00p-7:00p	10:00a-7:00p	10:00a-7:00p

** As staffing is available